

Teen's dead brother lie to court judge

By RICHARD SULLIVAN

THE long arm of the law finally caught up with a Downpatrick teenager who duped a Crown Court Judge into giving him a lenient sentence by pretending his brother had just died.

When Chris Martin McKillop 8, from Irish Street, initially appeared at Downpatrick Court he lied that his 10 year-old brother had died and he needed to go to the funeral.

McKillop was trying to persuade the judge to take a more sympathetic attitude and not send him to jail as he appealed a five month sentence for being disorderly and assaulting police. The judge agreed, suspended the sentence and McKillop walked free.

Designed

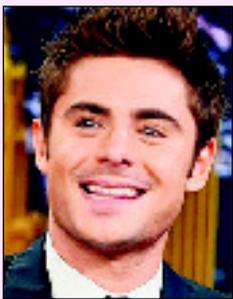
But he was back at the same courthouse this week after his bogus story was rumbled and this time he faced a contempt of court charge before another judge.

Judge Piers Grant said it was a "a macabre and cynical lie" designed to pull at the heart strings of the judge hearing his appeal.

"It was quite wicked and wrong."

A defence barrister said it was a "stupid lie" as he had panicked when taken into custody.

McKillop was jailed for three months.



SWEET: Zac Efron

Sugar rush muscles tip

ZAC Efron has been voted the man with the best torso in Hollywood and now he's helping his rivals with their shirtless scenes.

The 26-year-old *Bad Neighbours* star has revealed that looking buff is mostly down to eating sweets!

"It's before the shirtless scenes you need to eat," reveals Zac.

"If you eat a lot of sugar before, like Skittles and Swedish Fish (fish-shaped American candy) and then do 50 push ups you look like Hugh Jackman!"

EXCLUSIVE / DERRY MUM'S AN AUSSIE SENSATION

I'M TOP OF THE MOPS



EMIGRATION: Caroline Leslie with husband Peter and children in Australia

AUSTRALIA'S new Queen of Clean is nature-loving Derry woman Caroline Leslie.

The mum-of-three hopes to be the next Kim and Aggie of Down Under with plans to clean up round the world.

And she's revealed it was a near-tragedy which sparked her interest in green cleaning – when husband Peter suffered a life-altering head injury Caroline vowed to find a way to keep their Melbourne home germ-free without harsh chemicals.

But the entrepreneur, who previously ran a jewellery business and worked as a driving instructor, went one further.

She spent two years working as a cleaner to perfect her cleaning recipes using household chemicals like vinegar and bicarbonate of soda.

"I wouldn't ask anyone else to do something I wasn't prepared to do myself," says the 41-year-old.

"But thankfully now I'm off the mop."

Caroline, from Shantallow in Derry, has now come up with her Green 14 line of products and has ambitious plans to launch a global franchise of her Home Maid Green Cleaning.

Basic

She's just launched a book of her room-by-room cleaning solutions and has her eyes on the success of Shannon Lush, Australia's best known TV cleaning star.

"She is a chemist and not all her ingredients are green – we're trying to be fully organic.

"We've tried and tested a whole range of products that claim to be green, but it's amazing what you can do with bicarbonate of soda, vinegar and lemon juice.

For anyone who doesn't want to go back to that basic stuff we are developing ready-made formulas.

"We are in the middle of developing the range of products and if the company name goes viral I'm happy to send it wherever it needs to go," says Caroline.

When husband Peter, a mining supervisor, sustained his head injury the family was plunged into uncertainty as he fought to recover. While Caroline prayed he'd pull through she was also determined that their home would be a clean haven for him, without harsh cleaners.

"We didn't know if he was going to make it or not. It was pretty full on. That was why I fell into the cleaning thing – I couldn't have any chemicals around him but I couldn't find any chemical free cleaners.

"I saw a gap in the market and I like to fill gaps in the market.

"I did a lot of research, I developed my own techniques and I went out cleaning for other people. I was happy to do it because I needed to learn. It was two years of hard work and trial and error

Derry mother is cleaning up Down Under

BY ROISIN GORMAN



and from that I came up with 14 key ingredients," says the businesswoman.

Caroline's research with chemists and toxicologists brought home to her how many chemicals people use in their homes every day, and how potentially harmful they are.

"If you mix bleach and window cleaner together they create a gas that can be fatal. It's terrifying and people don't know how sick it's making them.

"Then I realised I needed to write a book, which is also part of a strategy for the business, but green cleaning is also such a hot topic.

"In my book I've listed what to look out for and what to avoid and how to read labels. I've also shown how you can green clean your house," she says.

The message has taken off in her adopted home with reports coming back from clients that it's helped children with conditions like asthma.

And with the business on the brink of a green explosion Caroline has also enjoyed good news in her family with Peter on the road to recovery.

"My husband's great, he's helping in the business now. He's here and he's well," says Caroline.

●Clean Green: It Won't Cost the Earth is available on Amazon.

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